

## **DISCOURAGEMENT**

### **INTRODUCTION**

"God, I can't stand feeling like this!" exclaimed Zackary in prayer. He had just lost his job, and is trying to figure out how his family is going to make it through. "Yahweh, you said the cattle on a thousand hills are yours, and right now, one would be enough for me. I need you to come see about my family. I love and adore you. I thank you for what you've already done in my life. I appreciate you so much. I need you."

Memory Verse: 2 Corinthians 4:8 We are troubled on every side, yet not distressed; we are perplexed, but not in despair.

### **BIBLE LESSON**

Have you ever felt discouraged? Sometimes, Yahweh allows Satan to buffet us. When that happens, we can feel at the edge of despair. Take courage. God still holds us. It gets rough sometimes, but the message of Romans 8:28 still holds even in the dark times.

Discouragement happens, to be honest. Job 3:1-10(...26), Jonah 2:1-9

He will strengthen us even in our despair. Psalms 31:21-24, Psalms 22:1-27

### **APPLICATION**

Praying to God through the trial is what Jonah and David had in common. Write down situations you need to speak to Yahweh about. Make the time to talk to him wholeheartedly. God is waiting to hear you.